



# SWIFT THINKING

## UNDERGRADUATE PSYCHOLOGY NEWSLETTER

Winter 2023



### PLANNING FOR WINTER 2023

A table showing our course offerings for [Winter 2023](#) is available online. The table includes information on meeting days and times. In addition, it indicates which major and minor requirements each course can fulfill, whether a course is available for pre-registration, and whether you need permission to enroll.

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### PRE-REGISTERING FOR WINTER COURSES

(Please check this table and the [Registrar's website](#) for updates. )

The Psychology Department will offer pre-registration through CAESAR for most of our Winter Quarter courses the week prior to regular registration. All students listed as psychology, cognitive science, or neuroscience majors or minors in the Registrar's system should be able to pre-register through CAESAR for these courses. The only courses not available for pre-registration for Winter Quarter are the PSYCH 101, PSYCH 110, PSYCH 317, and the PSYCH 397/398/399 research courses.

Pre-registration times are announced by the Registrar's Office. Students can pre-register for a maximum of two courses.

**\*PSYCH 330 Brain and Language** -This course will fulfill the same requirement for COGSCI 210 and will be open to CogSci major and minors for pre-registration.

#### Wait Lists

Psychology courses are very popular and they often close during registration. If a course you want to take has closed, use the electronic wait list function\* on CAESAR. As students drop and seats become available, instructors will fill open seats with permission numbers.

*Wait lists will be monitored until the last business day before classes begin.*



## REGISTERING FOR PSYCH 205 - RESEARCH METHODS

Students listed in CAESAR as majoring or minoring in psychology, cognitive science, or music cognition may pre-register for PSYCH 205. Make sure you have the statistics prerequisite or an allowed [substitution](#) before you enroll. You **may not** take both PSYCH 205 and the statistics prerequisite during the same quarter. Wait lists for Psych 205 are managed by the Undergraduate Program Assistant, and questions should be directed to Psychology Advising.

**Students who are using an AP Stats credit substitution:** Caesar does not recognize this approved substitution and it will block your registration. *Please email [psych-advising@u.northwestern.edu](mailto:psych-advising@u.northwestern.edu) to obtain a permission number to register for Psych 205.*

## RESEARCH COURSES REQUIRING DEPARTMENT AND INSTRUCTOR PERMISSION

### PSYCH 397-1, 397-2, and 399

A great way to learn more about psychological research is to become actively involved in research activities through PSYCH 399-Independent Study or the two-quarter PSYCH 397-Advanced Supervised Research series. This is especially valuable for students considering graduate study in psychology and it can be an educational and enjoyable experience for others as well.

### PSYCH 397 and 399

You can count at most 1 quarter of 397-1 or 399 toward the major. You cannot count both courses toward the major requirements. PSYCH 205-Research Methods in Psychology is a prerequisite for PSYCH 397. The second quarter of the Advanced Supervised Research sequence, PSYCH 397-2, fulfills the upper-level research requirement for the psychology major. For more information on 397 and 399, including the differences between them, how they count toward requirements, and tips on finding a research adviser, see our webpage on "[Research for Course Credit](#)."

To enroll in PSYCH 397 or PSYCH 399, download the [application](#), fill it out, and have it signed by the professor with whom you will be working. Then, email the form to the Undergraduate Program Assistant at [jillian.sifuentes@northwestern.edu](mailto:jillian.sifuentes@northwestern.edu) and a student-specific permission number will be generated. Please note that you must turn in your application and register for the course through CAESAR **before the last day** to add a class for Winter Quarter in January.

*\*\*We cannot guarantee that an application submitted on the final day of the add period can be reviewed in time to generate a permission number before the add deadline. Students will need to obtain permission for the late addition of a course from the Dean's Office in this situation\*\**

### **Psych 330: Special Topics in Cognitive/ Neuroscience**

- ***Brain and Language***

Professor Mark Beeman

This course examines the cognitive neuroscience of language, from language acquisition to language loss following brain injury. Students will learn about the many processes of language and the array of cognitive neuroscience methods and theoretical approaches employed to study it. Besides lectures and supplemental videos, we will integrate student activities such as in class and assigned demonstration experiments, and student discussions or debates, depending in part on course enrollment (class size). Class will meet and lectures will be presented in person. If possible, they will be recorded.

*\*For Psychology, Neuroscience, and/or Cognitive Science students, this course will fulfill the same requirements as CogSci 210. You may not receive credit for both this section of PSYCH 330 and CogSci 210.*

### **Psych 350: Special Topics in Psychology**

- ***Adult Development and Aging***

Professor Daniel Mroczek

Scientists who study human development (e.g., developmental biologists, developmental psychologists, life-course sociologists) have only recently begun to understand the profound changes that occur in adulthood and in late life. While much is known about development and change that takes place from infancy through late childhood, we are only at the beginning of really understanding development in adulthood. This class will examine a number of key issues in this relatively young field of adult development and aging. While we will draw mainly on studies from the social and behavioral sciences, we will take an interdisciplinary approach and consider biological and biomedical studies as well. (No textbook required; readings will be provided by the instructor.)

### **Psych 391: Advanced Seminar in Cognition or Neuroscience:**

- ***Theory of Mind***

Professor Sid Horton

In this course, we will read and discuss both classic and recent research literature related to the topic of "theory of mind," which refers to the cognitive capacity to reason about the mental states of others. As an advanced research seminar, this class will be heavily weighted toward reading and discussion of empirical and theoretical papers in psychology and related fields. Students will be required to contribute consistently to in-class discussions and to submit weekly responses to the assigned readings. Final evaluation will be based primarily on a substantial research paper submitted at the end of the quarter.

## SPECIAL COURSES FOR WINTER QUARTER 2023

### STATISTICS TUTORIAL RESOURCE AVAILABLE

We have created a Canvas course with Statistics Tutorials for Psychology students. The site is open to any student at Northwestern who would like to be able to use the resource. It currently has video tutorials on most of the topics covered in Psych 201-Statistics, some more advanced topics, as well as some videos on using SPSS.

All of our current majors and minors should have already been added to the Canvas site. If you have not been added but would like to access the resources, contact [psych-advising@u.northwestern.edu](mailto:psych-advising@u.northwestern.edu). Provide your NetID and request to be added to the Statistics Tutorials Canvas site.

### Psych 392: Advanced Seminar in Psychology:

- *Psychoneuroimmunology*

Professor Gregory Miller

In this course, we will explore the conceptualization of major psychological constructs in the field, including stress, coping, social relationships, and sickness behavior. We will also cover basic principles that govern the immune system, and the issues involved in accurately measuring its function. We will identify behavioral and biological pathways that might link psychological processes with alterations in the immune system's functioning. Our will be to understand the empirical evidence linking psychological constructs to health outcomes in the domains of infectious disease, cancer, and inflammatory disease.



### UNDERGRADUATE PSYCHOLOGY ASSOCIATION (UPA) NEWS

The Undergraduate Psychology Association (UPA) is a group of students who share a passion for exploring Psychology. UPA welcomes students of all majors to participate in academic, career-oriented, and social events during the school year. Our primary goals are to help undergraduate students learn more about psychology in a non-classroom setting, foster student-faculty communications, and facilitate the awareness of professional opportunities related to psychology. If you have any questions or are interested in joining UPA, you can reach us at [upa@u.northwestern.edu](mailto:upa@u.northwestern.edu) and follow our Instagram ([@nu\\_upa](https://www.instagram.com/nu_upa)).

## PSYCHOLOGY DEPARTMENT ADVISING

### Advisors

- Prof. Sara Broaders
- Prof. Ben Gorvine
- Prof. Ginger Pennington
- Prof. Edith Chen
- Prof. H. David Smith
- Prof. Michael Bailey
- Prof. Wendi Gardner

### ADVISING

- Graduation Petition. Professors Broaders, Gorvine, Pennington, and Smith are the advisors who can approve a petition to graduate.
- Transfer credits, study abroad course articulation, and questions about substitutions/exceptions to requirements. Sara Broaders or Ben Gorvine can approve courses taken abroad to count toward the psychology major or minor. They can also discuss other issues regarding substitutions for/exceptions to our requirements.
- Clinical psychology and related careers. Ben Gorvine and Rick Zinbarg (our department chair) can meet with students considering a career in clinical psychology (as a researcher or a practitioner) and/or other paths to becoming a therapist. To arrange a meeting with Professor Zinbarg, email him directly.
- Business careers. Ginger Pennington is an adviser who is also part of the Business Institutions Program. She can meet with students who are interested in careers in business.
- Graduate study in psychology. Professors Chen, Gardner, and Bailey are the advisors available to meet with students interested in pursuing graduate studies in any area of psychology.

### APPOINTMENTS

To make an appointment with any undergraduate advisor, send an email message to [psych-advising@u.northwestern.edu](mailto:psych-advising@u.northwestern.edu); include the the following information:

Name:

ID #:

Class Year:

Majors/Minors:

Reason for meeting: (Example: Major or minor declaration, Petition to graduate, course questions, Study abroad etc.)

Email:

The Undergraduate Program Assistant, Jillian Sifuentes, is the person to contact for routine matters such as officially declaring a major or minor, scheduling an advising appointment, or submitting an application for Psych 399-Independent Study or Psych 397-Advanced Supervised Research. She can also answer some questions about our undergraduate program. You can reach her via email at [psych-advising@u.northwestern.edu](mailto:psych-advising@u.northwestern.edu) or [jillian.sifuentes@northwestern.edu](mailto:jillian.sifuentes@northwestern.edu).

## People to Know!



**Jillian Sifuentes**  
Undergraduate Program Assistant

- Advising appointments
- Permission numbers
- Major/Minor Declarations
- assistance with questions concerning courses and other aspects of the undergraduate program

Office: Swift Hall 102

Email:

[jillian.sifuentes@northwestern.edu](mailto:jillian.sifuentes@northwestern.edu)

or

[psych-advising@u.northwestern.edu](mailto:psych-advising@u.northwestern.edu)



**Abigail Osterlund**  
Participant Pool Coordinator

- Coordinates student research assignments for Psych 110
- Coordinates the paid participant registry for psychology studies at Northwestern
- Manages the Participant pool and paid registry website

Office: Swift Annex 124

Email: [abigail.osterlund@northwestern.edu](mailto:abigail.osterlund@northwestern.edu)

## PETITION TO GRADUATE

All Northwestern undergraduates must complete and submit Graduation Petitions **one year prior to their intended graduation date**. The latest to submit the petition is two quarters before you anticipate graduating (e.g., before the end of Fall quarter if you expect to graduate in Spring quarter, and during Spring quarter if you plan to graduate in Fall quarter). You must schedule an advising meeting with a department advisor before your Petition to Graduate can be signed/approved. You can set up an appointment with one of the department advisers by emailing [psych-advising@u.northwestern.edu](mailto:psych-advising@u.northwestern.edu). \*Please include: Full name, Student ID #, Year, Psych Major/Minor/other, Reason (to match with advisor).\*

Completing your Graduation Petition on time ensures you are on appropriate graduation lists and that you, your adviser, and the Registrar's Office agree on what requirements you have left to complete. It also provides an opportunity to talk about your experiences in the department thus far and your plans for the coming year and beyond.

You can read more about the petition process, including submission deadlines and access petition forms, on the Registrar's website. A good place to start is the [Registrar's Graduation Page](#).

### 2022-23 graduation petition deadlines

2022-23 Deadlines	Graduation Quarter
Start deadline: October 8, 2022 Push date : November 8, 2022	Winter quarter 2023
Start deadline: December 10, 2022 Push date : January 15, 2023	Spring quarter 2023
Start deadline: March 1, 2023 Push date : April 1, 2023	Summer quarter 2023

All incomplete grades, including "K" grades, must be resolved before a student's graduation. No grade changes are accepted after graduation.